

# ACTIVITY SHEET 6.1 – INFORMATION OUR COACH NEEDS TO KNOW

## TOPIC: CLIMATE - COUNTRY INFORMATION

### Japan's climate in January

January is winter in Japan.

Whilst its winters are relatively mild and dry, its bigger cities of Tokyo, Osaka, Nagoya and Kyoto can experience snowfalls and extremely cold temperatures.

At its coldest Japan has high temperatures in winter below 10 degrees (Celsius) and lows that are a few degrees above zero (Celsius).

Central Japan, around Tokyo, experiences short winters with cold, sunny days.

Northern Japan (northern Honshu and Hokkaido) experiences long, cold winters with bitterly cold temperatures that help keep snow on the ground for up to four months a year.

### Australia's climate in January

January is summer in Australia but its climate can vary widely due to its size.

In Melbourne hot and dry weather can be accompanied by a strong, unpleasant north wind. Cool changes can occur abruptly at the end of hot spells.

In Brisbane it can rain heavily and its summer storms can be spectacular. In the far north of Queensland, the monsoonal rains bring tropical downpours and humid weather.

Sydney is mostly warm to hot and can be prone to heatwaves. It can at times get extremely gusty winds from the desert, which are dry and hot.

January is the hottest month in Canberra and its rainfall is affected by thunderstorm activity.

Summer days in Newcastle are balmy, averaging around 25.6 °C.

## COMPARING COUNTRIES

Compare the information in both columns above.

What are the differences and similarities between Australia and this Asian country?


## YOUR ADVICE

What is your advice to the coach to help his team adjust to Asian conditions, culture and lifestyle?
